

# HEART TO HEART



## Birth Parents--How to Find a Family

If you decide adoption is the right choice for your child, then you will have the opportunity to choose the family for your child.

At Heart to Heart Adoptions we have dozens of families who have been evaluated through a comprehensive process, which includes checking on their marital stability, financial situation, lifestyle, and medical history. From this pool of vetted parents, you will be allowed to decide what best fits your situation.

If you decide on an open adoption, then these are the people you will communicate with and spend time with. You are the best person to choose the family that will be involved in you and your child's life for a long, long time.

For more information, go to [Choosing an Adoptive Family](#).

## Adoptive Parents--How to Write a Profile

Birth mothers, I'm sure you'll agree with our first suggestion about adoption profiles.

- **BE HONEST.** Be honest about who you are. Be honest about what you stand for. It's tempting to leave out things like religious beliefs or other topics which may seem divisive. But eventually, the day you pick up the baby or five years after placement, everything will be revealed.
- Make sure you have a committed relationship. Many birth mothers would like their child to have two parents.
- Demonstrate your relationship with extended family and friends. Show your real life, not just vacations or the perfect pictures.
- Write a letter to the birth mom.

For more details about organizing your profile, go to: [Create Your Profile](#).



## Matching Families

**There are women in our agency who are known as Matchers.**

**The Matcher's job is to thoroughly discuss with a birth mother what she wants to see in a family who will adopt her baby. The Matcher will then comb through adoptive family files to find families that meet the desires and needs of a birth family.**

**Optimally, Matchers like to present a birth mother's situation to 6-8 well-matched adoptive families. After talking to the adoptive families about the birth mother's specific requests, the group of potential adoptive families will usually be narrowed down to at least 3-4 family profiles to be given to the birth family. This procedure isn't as easy as one might assume. We take this responsibility very seriously.**

**Some adoptive families who may otherwise be a good match are not located in the right geographic location. Other potential adoptive parents are not necessarily open to certain genders or race or drug use or an undisclosed birth father. And there are occasions when a birth mother doesn't want to go through profiles. The struggle she has with placing her baby is hard enough, so she allows the agency to choose for her.**



Linda--A Matcher

**A phone or video call is placed. A birth mom talks with one family, or two, or more. She makes her decision. And then, it is up to the Matcher to follow up with each family.**

**Maybe you can imagine the joy that radiates from the chosen family. And how happy the Matcher is to know that she was part of that process.**

**And then, maybe, you can imagine the sadness and sorrow that comes from the families who weren't chosen. And the conversation the Matcher has to make with them.**

**And sometimes, after those heart-wrenching phone calls are over, the Matcher hangs up the phone and cries a few tears, too. Because her desire is your desire. To help grow your family.**