# Happy New Year

#### HEART TO HEART ADOPTIONS

### **Relationships take priorities**.

Not just the first of the year, but we set weekly goals to be more efficient and helpful. However, efficiency isn't our biggest concern. Our number one goal is to communicate. Effective communication improves our efficiency, but even more importantly, communication helps relationships. Relationships must take priority.

An adoption agency is unlike any other organization in the world. We deal in relationships. We take that very seriously. This New Year, we hope you rededicate yourself to relationships and the communications required to have solid, healthy relationships.

If you are an adoptive family, reach out consistently to your child's birth family. If you are in an open adoption, honor that agreement with the birth parents. Sometimes life gets in the way. We understand but keep in mind relationships are important. Make a goal to reach out in the best way for you AND the birth family AND the child.

HeartsConnect is an app that can easily connect families. If you would like help keeping in



touch, give us a call, and we'll connect you with this beneficial resource.

# We're getting vaccinated to keep our families safe.

We want to ensure the safety of birth families and adoptive families. That is why we have been receiving the COVID-19 vaccine as soon as it was made available.



## **COVID Benefits**

We're proud of our adoptive parents as they find simple moments to connect with birth families. During the peaceful moments of the day, these connections help bind us together in ways nothing else can. COVID-19 has created a lot of uncertainty and change.

However, an advantage of the pandemic can be seen in the increased time together. Some of our families have used this time to draw closer to one another, and thanks to social media and electronics, they have been able to draw closer to birth families as well.

When we talk about "getting back to normal," let us hope we never go so far back that we forget the moments, the peaceful moments of loving one another and sharing that love.

### A New Year resolution every parent should make

Every parent should spend more time reading together with their child. Consider the following benefits:

- \* Emotional bonding as a family.
- \* Physical bonding.
- \* Language skills.
- \* Learn the value of books and stories.
- \* Stimulate curiosity.
- \* Learns empathy for characters.
- \* Learns the difference between "real" and "make-believe."
- \* Learn about the world, their own culture, and other cultures.



