

Heart to Heart

NEWSLETTER OF HEART TO HEART ADOPTION AGENCY



When a woman is willing to go through the physical challenges and the disruption to her life and give birth to a child, all of us must take notice. It's a miracle. And then to place that child with a couple who wants to love and raise a child. Life will never be the same. This child will always be a part of you and, by extension, will be part of any other intimate relationship you have.



Dating After Placing a Child

How and when do you tell a potential partner about your choice to place a child for adoption.

Take your time.

Just because you are not ready to rush out and date or tell others about your past life doesn't mean you are ashamed or negative in any way.

Don't feel forced into telling your story.

There will be a new normal after you place your child for adoption. We encourage recognizing a period of grief. There is a healing process that cannot be hurried. You have the right to heal.

Don't open up about this part of your life unless you feel comfortable.

Many birthmothers see the placement of their child as a special experience of love. They aren't hiding the experience. They just feel sharing that experience too freely cheapens the magnitude of what occurred between a triad of people.

Because you don't tell, it doesn't mean you are hiding.

Telling some random guy something so personal is not necessary. However, it's best to know a person's reaction to such a sensitive subject before anything gets serious.

The other person may need time.

Allow the other person to catch up with this part of your identity and have the opportunity to understand your decision.



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Remember,
this is your
journey.
Let us know
if we can
help.